

Sustainability



What does sustainability mean (in your own words)?

People need to realize what they are doing to Earth, so to live sustainably means to live in benefit of what you do to the Earth.

Class definition: Sustainability

Sustainability means to take care our Earth by making smart choices about the products we use and reuse. Think about needs and wants. We all want to make sure to leave our Earth Healthy.

Items Tossed away

Eggs. Tossing your eggs for a year is like wasting 15 school buses full of water.
That's 95,280 gallons.

Yogurt. Tossing your yogurt for a year is like wasting 1 school bus full of water.
That's 11,188 gallons of water.

Milk. Tossing your items for a year is like wasting 5 school buses full of water.
That's 41,184 gallons of water.

FOOD

Food-Waste Plan. Make Plans.

Click on the FOOD section and explore - take notes.

Food that You Have thrown away

Impact of wasted Food

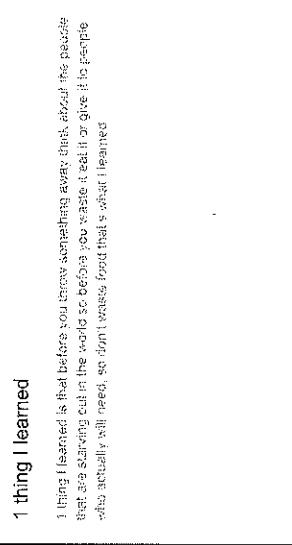
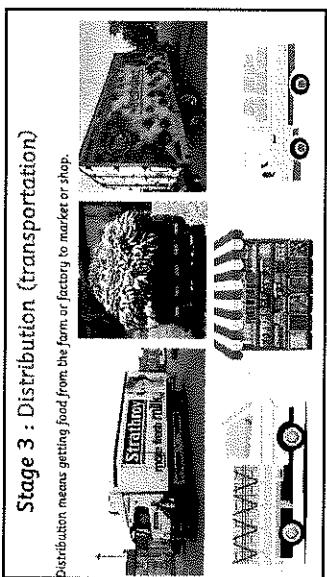
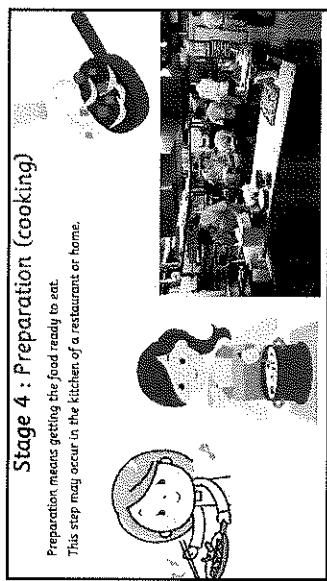
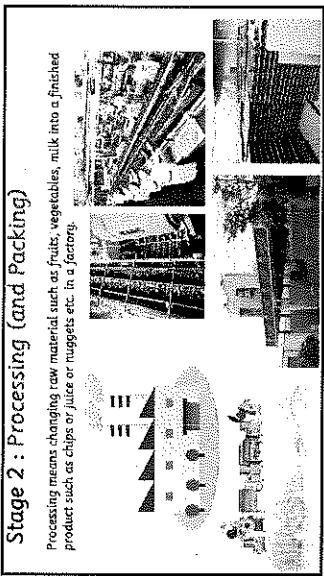
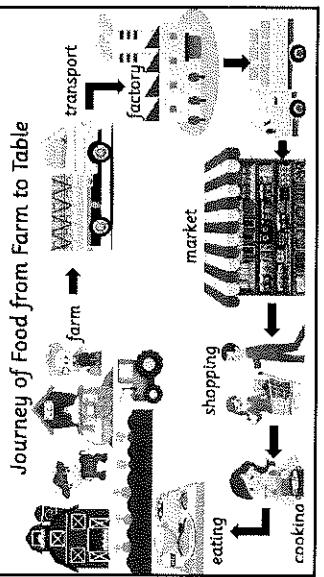
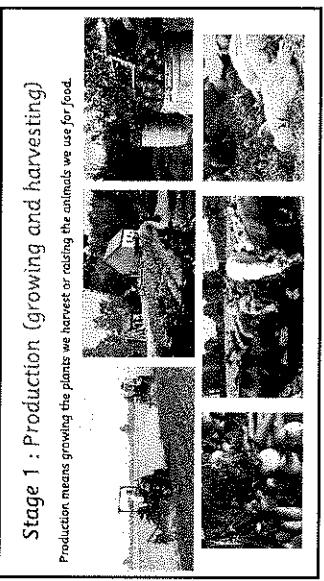
Proper Disposal of food
"When changes can be made to help the environment?
Water Sustainability for kids

3 things I'll do to prevent myself from throwing stuff out

1. Before my mom buys food we will have to eat the stuff in the fridges of leftovers.

2. Before stuff expires I should eat and not try to waste it because that's a waste of money.

3. Before my mom buys something we're going to ask her if we're going to use it because or ask if she needs it or wants it.



Education for Sustainable Lesson - Food Sustainability

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Quiz	Student scored 100%.	Student scored between 80% - 99%.	Student scored below 80%.	Student did not complete the quiz.
Comments:				

Sustainability



What does **sustainability** mean (in your own words)?

What is sustainability?

Class definition: **Sustainability**

Sustainability means to take care our Earth by making smart choices about the products we use and reuse. Think about needs and wants. We all want to make sure to leave our Earth with the resources we need for future generations.

Food - Your Plan. Your Planet.

Click on the **FOOD** section and explore - take notes.

*Food that you have thrown away

*Impact of tossed food

*Proper placement of food

*What changes can be made to help the environment?

Watch: Sustainability by kids

FOOD

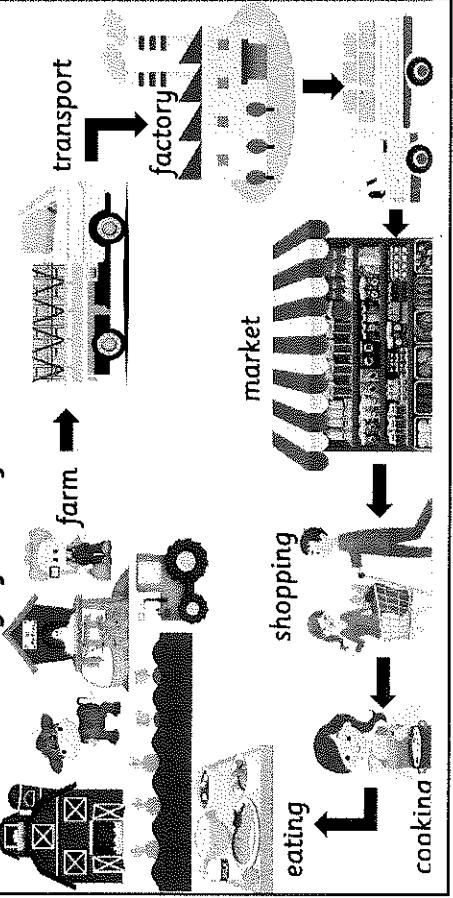
YOUR IMPACT

- Yogurt = 40 bathtubs (1,456 gallons of water)
- 3 slices of bread

YOUR PLEDGE

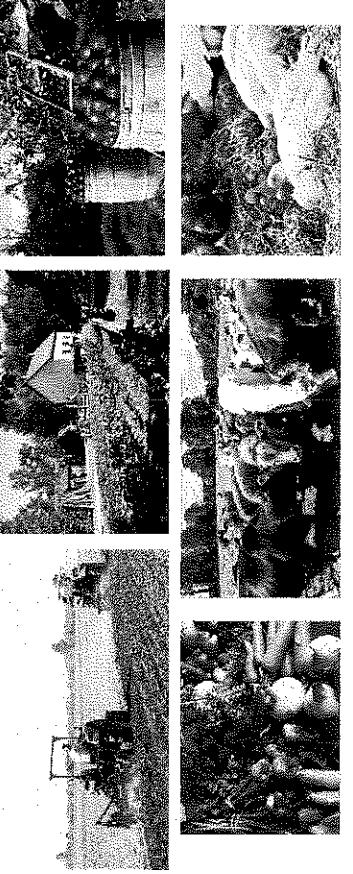
- I will make sure to use food in my refrigerator before going shopping again.
- Should have checked the date on my yogurt before it expired.
- Store food in the proper place (for example, I would not have wasted bread if I put it in the freezer).
- Instead of throwing away the bananas, I should freeze them (used for smoothies) or made banana bread.

Journey of Food from Farm to Table



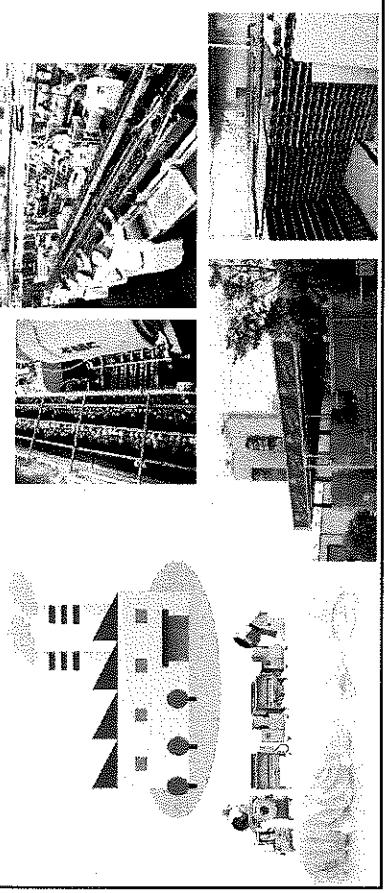
Stage 1 : Production (growing and harvesting)

Production means growing the plants we harvest or raising the animals we use for food.



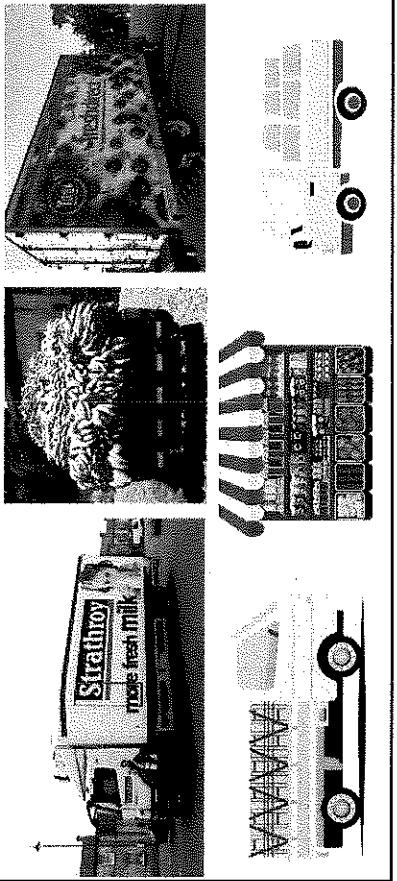
Stage 2 : Processing (and Packing)

Processing means changing raw material such as fruits, vegetables, milk into a finished product such as chips or juice or nuggets etc. in a factory.



Stage 3 : Distribution (transportation)

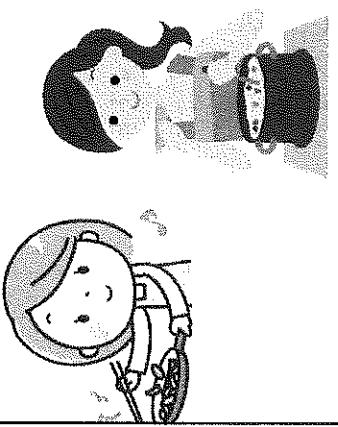
Distribution means getting food from the farm or factory to market or shop.



Stage 4 : Preparation (cooking)

Preparation means getting the food ready to eat.

This step may occur in the kitchen of a restaurant or home.



I learned....

Education for Sustainable Lesson - Food Sustainability

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Comments:	Great work! Small changes in our daily lives will make a big impact on the future.			

Sustainability



What does **sustainability** mean (in your own words)?

It means like to recycle and reuse and reduce. Sustainability means to take care our earth by making smart choices

FOOD

Food - Your Plan. Your Planet

Click on the FOOD section and explore - take notes.

*Food that you have thrown away

*Impact of tossed food

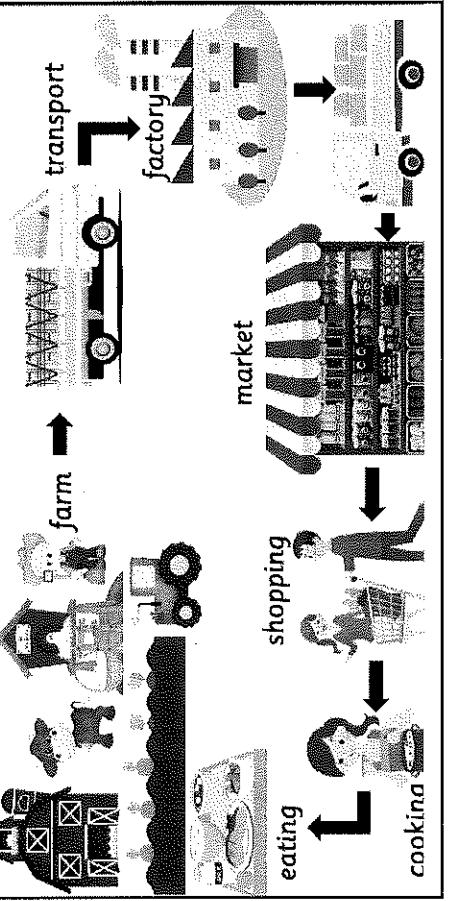
*Proper placement of food

*What changes can be made to help the environment?

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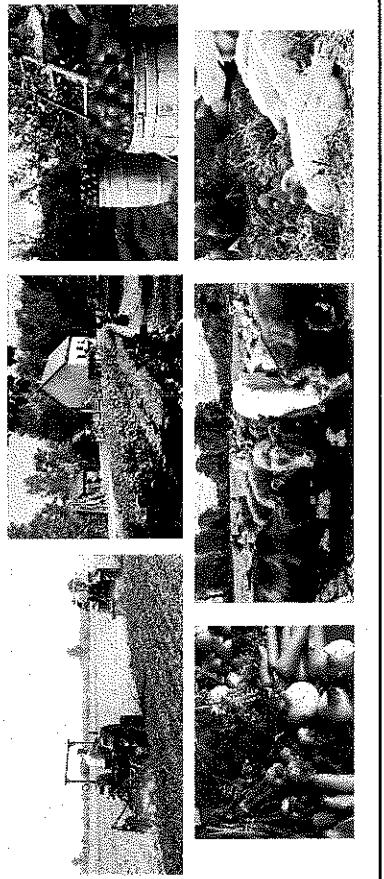
Sustainability means to recycle and reuse and reduce and use I don't throw it out
is not good

Journey of Food from Farm to Table



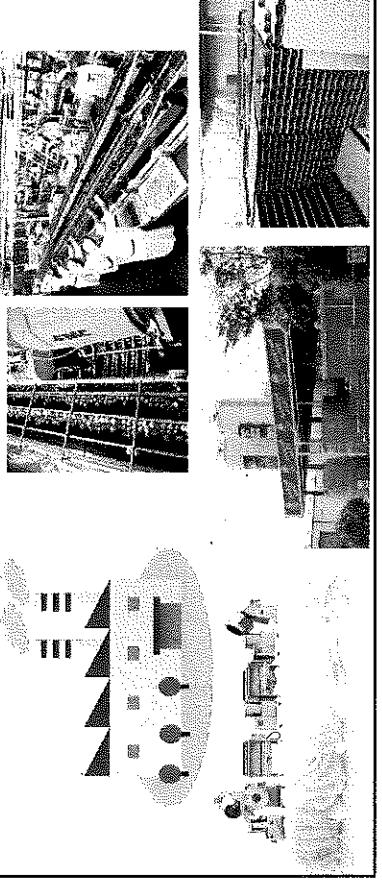
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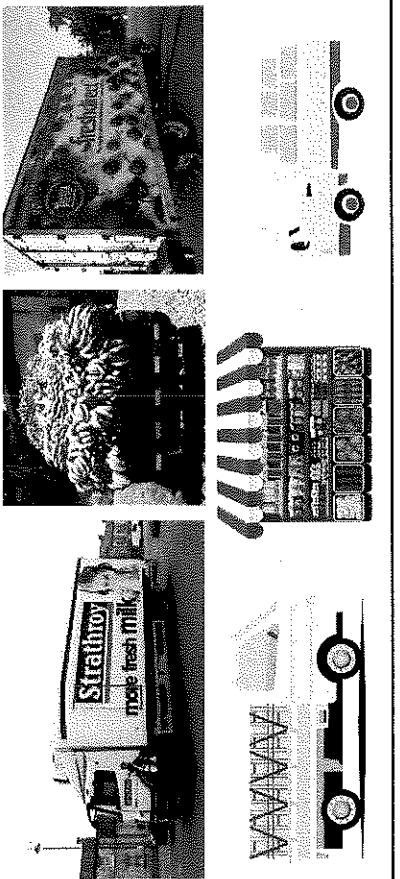
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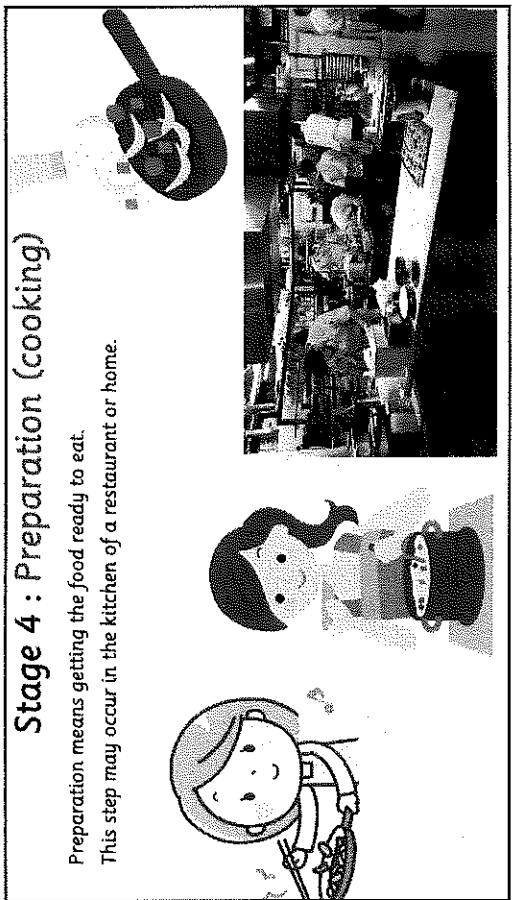
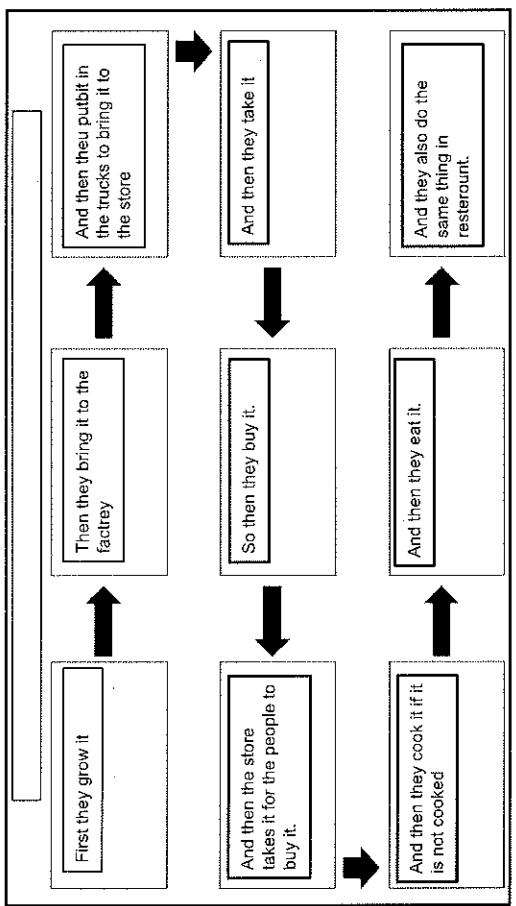
Processing means changing raw material such as fruits, vegetables, milk into a finished product such as chips or juice or nuggets etc. in a factory.



Stage 3 : Distribution (transportation)

Distribution means getting food from the farm or factory to market or shop.





Education for Sustainable Lesson - Food Sustainability

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Sustainability



What does **sustainability** mean (in your own words)?

Sustainability means that you have some rules of wasting and what you waste so what you basically waste you have to say how many to did you waste and not waste. People around the world waste food more then 1 time but it's ok. But usually some people don't waste there food. Sustainability is that banana peels. We recycle food container's and save them for anywhere you go.

Class definition: **Sustainability**

Sustainability means to take care of our environment and our Earth by us people making some smart and bad decisions about all the products we reuse and use all over the world. We all need to promise our Earth that we will make a resources. We need to think about the needs and our wants in the future.

FOOD

[Food - Your Plan, Your Planet!](#)

Click on the **FOOD** section and explore - take notes.

*Food that you have thrown away

*Impact of tossed food

*Proper placement of food

*What changes can be made to help the environment?
[Watch: Sustainability by kids](#)

IMPACT

Milk

1.5 cups

Yogurt

2 cups

Vegetables

0.5 pounds

I can recycle plastic food containers and start putting bread and other things in the freezer.

Ideas to freeze your food and amounts.

Tossing your items for a year is like wasting 2 school buses full of water.

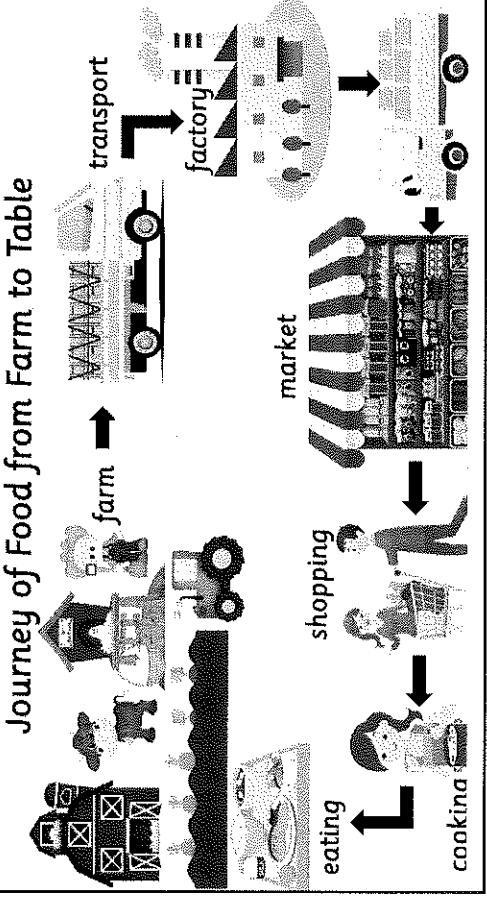
That's 1544 gallons of water.

Tossing your items for a year wastes the same amount of CO₂e as driving a car for 2 hour hours.

Some people leave there engines on and that wasting all there gas. So some

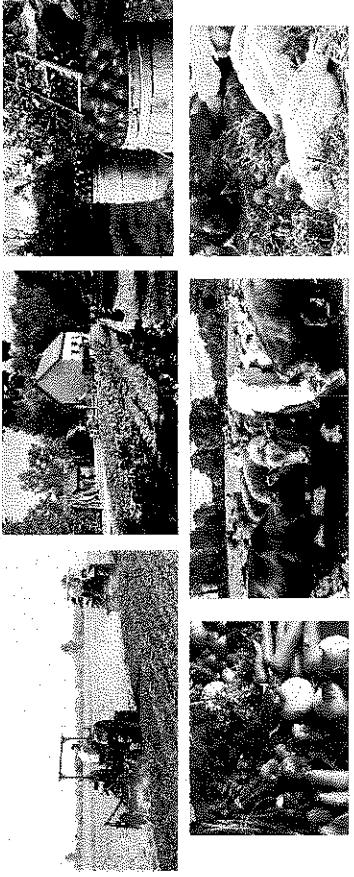
0.5 pounds

Journey of Food from Farm to Table



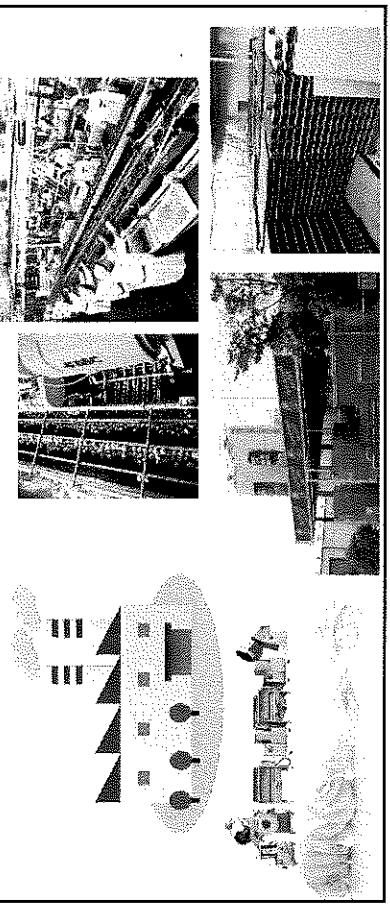
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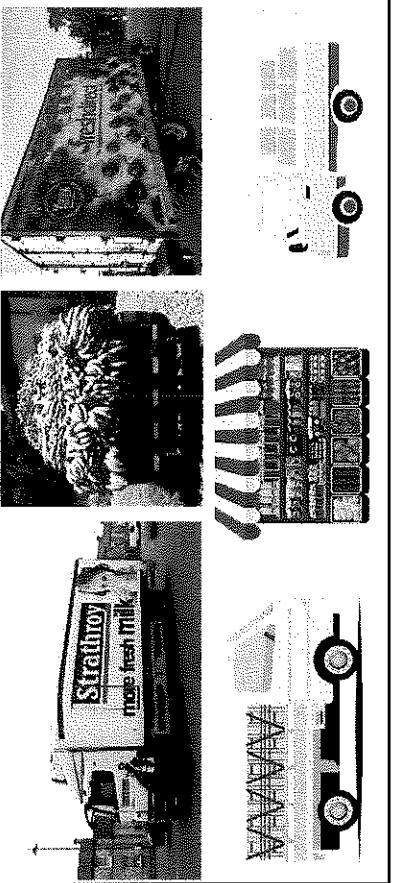
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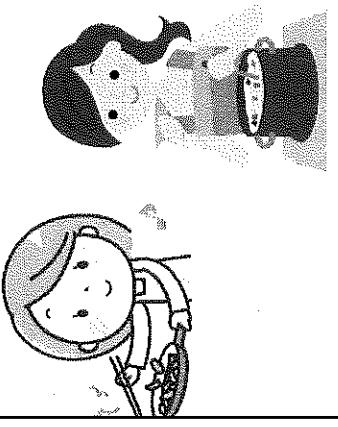
Distribution means getting food from the farm or factory to market or shop.



Stage 4 : Preparation (cooking)

Preparation means getting the food ready to eat.

This step may occur in the kitchen of a restaurant or home.



I learned...

That people should reuse their food containers that they bought from stores. And we can freeze food you bought or put leftovers in the freezer and the next day i can eat it again.



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What does **sustainability** mean (in your own words)?

What I Think Sustainability means. I Think it means like.. Reuse plastic! Or Don't waste food. Buy something you need. Turn off the water while your cleaning your teeth. Make smart decisions. Reuse stuff or things.
Those are the few things I think sustainability mean's.

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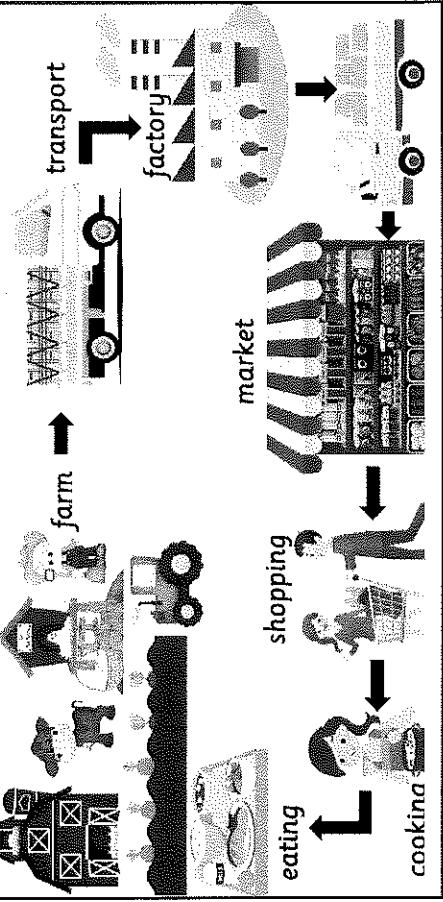
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My Pledge

I Will Always make sure the date of my food when it gets expired. So I Can use it to make something yummy.

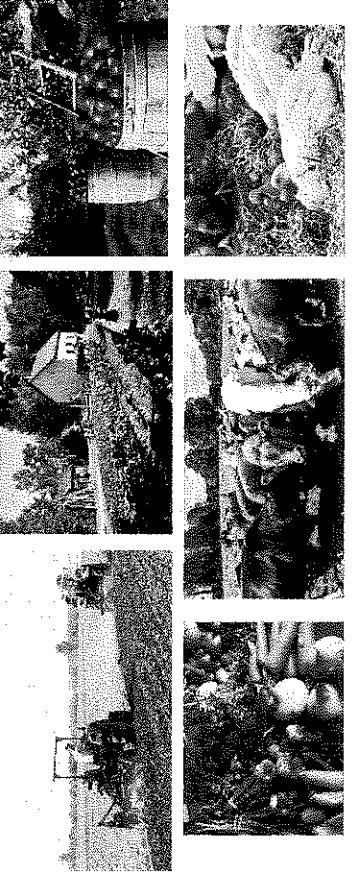
If I didn't put the apple in the freezer It Wouldn't have mold! Could have made a apple pie. Before making a sandwich, I'm going to make sure that the food isn't expired before i eat it. To Make sure its just fine. Before I Throw away something, I'm Gonna check the date when it expires to make sure its still good to use. Before I Go Shopping with my mom, I Have to make sure i have enough food in the freezer.
If I See Any delicious ice cream that my family doesn't eat, I'm Not gonna waste it. I Can Make a Ice Cream cake or i can eat one and save some for later or tomorrow. 2 Days ago i threw out stale because it was leftovers! But if i didn't throw it out, I Would have a Stake with delicious rice.

Journey of Food from Farm to Table



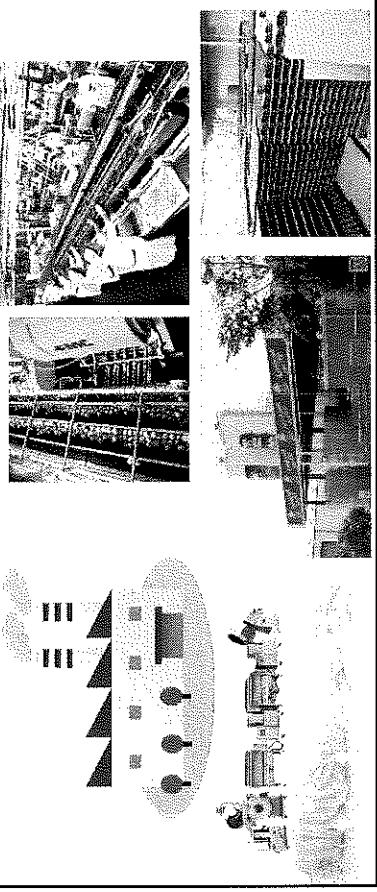
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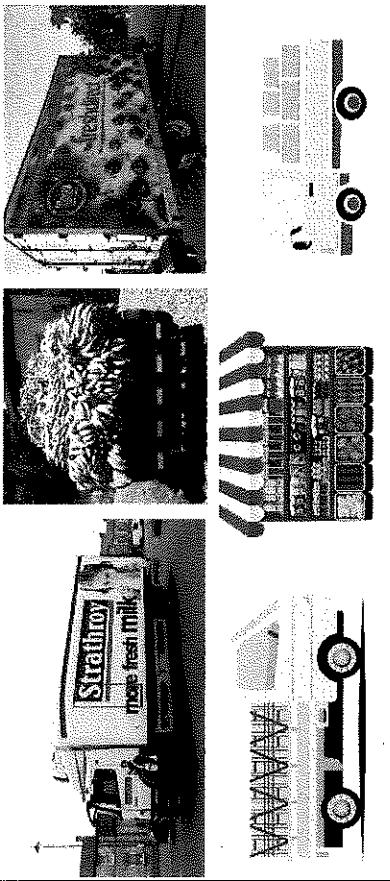
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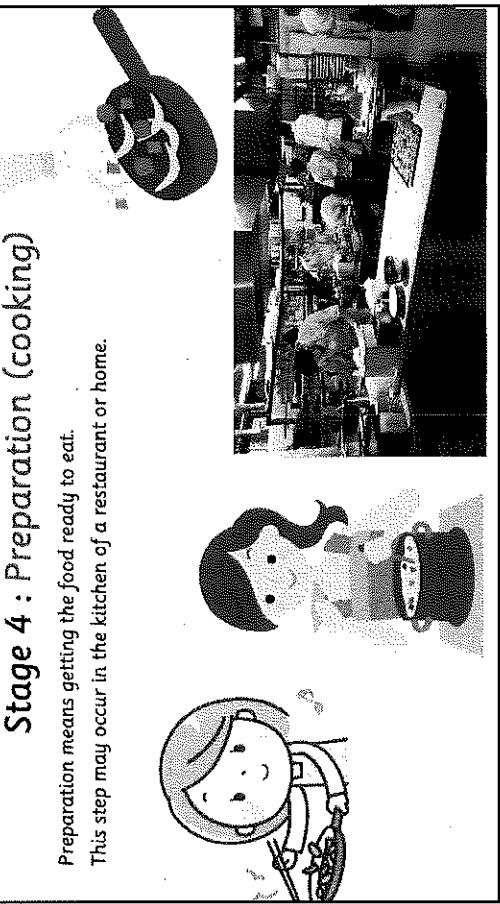
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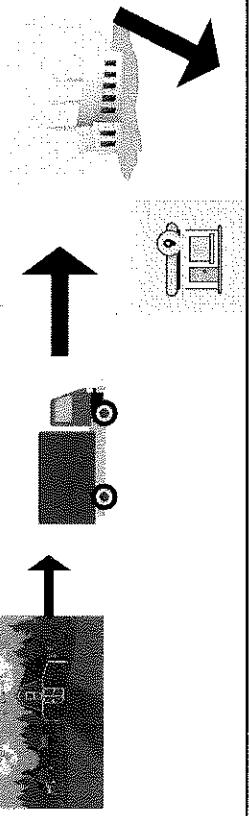
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I Learned That Food Comes From A Farm.
And Car/Airplane/boat/Trackster Comes to pick
it up, Then Brings it to the factory. Then The
Factory Brings it to the store.



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